**Referral Form for Adult Carers Support Service**

A carer is a person of any age, adult or child, who provides unpaid support or care to a partner, child, relative or friend who couldn’t manage to live independently or whose health or wellbeing would deteriorate without this help. This could be due to frailty, disability or serious health condition, mental ill health or substance misuse.

Your locally based Carers Centre or Carers Resource organisation can offer a quick response to carers across the whole age range and provide information and face to face support that is tailored to individual needs.

**TOP TIPS FOR GPS AND TEAMS WITHIN THE PRACTICE**

* Identify a Carers Lead for your practice
* Help identify carers by asking patients to tell you who is supporting them at home
* Record carers status on your patient records
* Involve carers in patient care by seeking permission to share information with carers
* Involve carers in care planning and implementation where you can
* Consider a special health screening programme for carers
* Provide flexible appointments for carers
* Refer carers to social care for a carers assessment
* Ensure carers have a Carers Emergency Card
* Ask direct questions of patients to find out if there is a child or young person helping at home

Develop your links with your locally based carers centre or cares resource organisation and use this form to make a direct referral.

This ensures that carers will gain access to a level of support that suits them personally.

Please complete the attached form to enable your local Carers Centre or Carers Resource organisation to contact the carer.

When filling out the form, it is important to give us as much information as possible.

You can give us information about the cared for person but this is optional and we will follow this up with the carer themselves.

**Referral forms should be sent by Fax or post. Please call us ahead to let us know there is a confidential Fax arriving. Thank you.**

|  |  |
| --- | --- |
| **Information about the person making this referral** | |
| Date of referral: | Name: |
| GP practice:  Phone:  Email contact for practice: | |
| Position/Role: | |
| What are your main concerns/what kind of support do you think is required? | |

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| --- | --- | --- |
| **Information about the carer being referred – please attach label if this is easier** | | |
| Surname: | Forename(s): | |
| DoB: | Gender: Male/Female | |
| Address:  Post code: | | |
| Home telephone: | | Email if known: |
|  | | Ethnicity if known: |
| Known to social care?  Yes/No/Don’t know | |  |
| Employment status if 16+: | | |
| Does the carer have his/her own health issues or disability/condition? (including mental health) | | |
| Carer relationship to person(s) they care for: (e.g. partner, wife, brother, grandparent) | | |

**CONSENT TO SHARE INFORMATION**

|  |  |
| --- | --- |
| Have you got consent from the carer to make this referral? | Yes/No |
| Is the person being cared for aware of this referral and have you got their consent to share their information with us?  **This is optional**  If Yes – please fill in details about the cared for person on separate sheet provided.  If no, this will be followed up by the carers support service. | Yes/No |

**Please send this form to the Carer Support Service local to your GP practice**

*Hambleton & Richmondshire Carers Centre, 32 High Street, Northallerton. DL7 8EE.*

*Tel: 01609 780872* ***Fax: 01609 788489***

*Scarborough Ryedale Carers Resource, 96 High Street, Snainton, Scarborough. YO13 9AJ*

*Tel: 01723 850155* ***Fax: 01723 850797***

|  |  |
| --- | --- |
| **For office use only** | |
| Date received: | Allocated to: |

**PRINT OFF THIS PAGE TO GIVE TO THE CARER YOU ARE REFERRING**

Do you provide unpaid care or support to a partner, relative, friend or neighbour who has a physical or mental illness or disability?

If so, your GP will have referred you to your local Carers Support Service.

We are a local charity which provides confidential advice, support and information.

Most of our services are free

We can…

* Help reduce the stress of caring
* Listen to you and provide a confidential and non-judgemental place to talk
* Advise you and support you to apply for benefits
* Signpost you to other local organisations
* Ensure you have access to a formal Carers Assessment
* Support you to make your voice heard
* Help you find the information you need
* Give you advice that’s right for your situation
* Guide you through the health and social care system
* Support you to meet other carers
* Identify skills you might need in your caring role
* Support you to develop new skills
* Provide specialist tailored support to young carers under 18 years of age
* Support you for a year after you suffer a bereavement
* Introduce you to the North Yorkshire Carers Forum
* Provide opportunities to be involved and have a chance to volunteer

We can support you over the telephone, by email, by visiting you in your own home, or at a venue of your choice, like a local café or at your GP practice.

You can also sign up to our newsletter by emailing us at: [***info@hrcarers.org.uk***](mailto:info@hrcarers.org.uk)

You can contact us directly at: **01609 870872**

This information is provided by the specialist carers organisations in your area. Both are local charities. We work together with your GP practice to offer the best service possible to carers.

*Hambleton & Richmondshire Carers Centre, 32 High Street, Northallerton. DL7 8EE.*

*Tel: 01609 780870 email to* [*info@hrcarers.org.uk*](mailto:info@hrcarers.org.uk)[*www.hrcarers.org.uk*](http://www.hrcarers.org.uk)

*Scarborough Ryedale Carers Resource, 96 High Street, Snainton, Scarborough. YO13 9AJ*

*Tel: 01723 850155 email to* [*staff@carersresource.net*](mailto:staff@carersresource.net)[*www.carersresource.net*](http://www.carersresource.net)